

# Bed/Boot Socks

by Deborah V. Gardner

I designed these socks to wear in bed until my feet warm up. Knit them an inch or two longer for boot socks.

**Size:** Medium

**Materials:**

- 2 skeins Kraemer Yarns Naturally Nazareth, 100% Domestic Wool, 3.5 oz/100g, 184 yds, color: Spring #Y1304 61103
- Set of 5 size 6 (4mm) double pointed needles or size to obtain gauge
- Size 6 (4.5mm) or smaller 16" circular needle (optional)
- 2 stitch markers
- yarn needle

Gauge: 20 sts x 30 rows = 4" x 4" (10 cm x 10 cm) in stockinette stitch in the round. *To save time, take the time to check your gauge!*



**Abbreviations**

- K knit
- LInc Left lifted increase
- RInc Right lifted increase
- P purl
- PM place marker
- Rnd round
- Sl slip
- St(s) Stitch(es)
- w&t on Right Side: yarn to front, sl 1, yarn to back, slip the wrapped st back to the left needle  
on Wrong Side: yarn to back, sl 1, yarn to front, slip the wrapped st back to the left needle

**Pattern**

8	7	6	5	4	3	2	1		
								□	Knit
	○	↘		↗	○			○	Purl
○		↘		↗		○		↗	Knit 2 together
↗	○					○	↘	↘	Slip 1 as to knit, slip 1 as to purl, knit together in back loops
↗		○	○		↘				

**Notes:**

- Place marker at the beginning of the rnd and slip marker at the beginning of each new rnd.
- When turning the heel, you may choose to put the instep sts on a small circular needle.

**Directions:**

Cast on 6 sts using Judy Becker's Cast-on on double-pointed needles. (Directions are given on the last page of pattern).

Repeat the last 2 rounds of this cast on until there are 38 sts on the needle; divide evenly over 4 needles.

Knit around until the length is 4¼".

Arrange the sts so that the first 19 sts (instep) are on one or two needles and the last 19 sts (heel) are on two needles.

Rnd 1: K1, work Rnd 1 of pattern twice, k2, k8, pm, k1, Linc, k1, Rinc, k1, pm, k8. K2 rnds evenly, slipping markers.

Rnd 2: K1, work Rnd 2 of pattern twice, k2, k to end of rnd.

Rnd 3: K1, work Rnd 3 of pattern twice, k2, k to end of rnd.

Continue in this manner, working the pattern and increasing 2 sts every third row until there is a total of 56 sts (21 sts between markers).

Knit to the first marker, remove marker, k1, pm; knit to one stitch before the second marker, place marker, k1, remove the marker. You now have 19 sts (heel) between markers. (You have moved each marker 1 st toward the center.)

Next Rnd: K to the second marker working pattern on instep sts, k3, Linc, k3, Linc, k3, work in pattern across instep, k3, Rlinc, k3, Rinc, K3. You are at the beginning of the heel.

You now have 11 "wing" sts on either side of the heel sts.

Place the 19 heel stitches on one needle.

**Heel turn** (worked on the 19 heel sts):

Row 1: K3, \*sl1,k1\* until 2 st from end of heel, w&t.

Row 2: P1 to 2 sts from beginning of heel, w&t.

Row 3: \*K1, sl1 until 3 sts from beginning of heel, w&t.

Row 4: P1 to 3 sts from beginning of heel, w&t.

Repeat the last two rows in this manner (4 sts from beg, etc.) until you have 5 wrapped sts.

Last 2 rows of heel turn:

With rs facing, knit the k sts and slip the slipped sts to the first wrapped sts. \*Pick up the wrap and knit it with the next st.\* Repeat until you have 1 wrapped st remaining. Pick up the wrap and slip it and the next stitch together. Slip the last st on the needle. Knit the wrap and 2 slipped sts together (ssk). Turn.

Sl 1, p to first wrap. \*Pick up the wrap and purl it with the next st.\* Repeat until you have 1 wrapped st remaining. Pick up the last wrap, purl it and the last 2 sts together.

Back of heel:

Row 1 (rs): \*Sl 1, k to last st on needle, ssk with first wing st. Turn.

Row 2: Sl 1, p to last st on needle, p2tog with first wing st. Turn.

Repeat these 2 rows until 2 wing sts remain on each side.

Resume knitting in the round:

Next round: \*Sl 1, k1, repeat from \* to last heel st on needle, ssk with next wing st, k1, work the instep in pattern, k1, k2tog, k to end of rnd; you will be at the beginning of the instep. (38 sts)

Increase rnd: Work instep, k6, Rinc, k7, Rinc, k6. You now have 40 sts.

K1, pm to indicate beginning of the rnd.

Begin pattern. Arrange stitches so that each of the 8 sts of the repeat are on three needles with 2 repeats on the fourth needle. Knit in pattern for 5" or desired length, ending after knitting Rnd 8 of pattern.

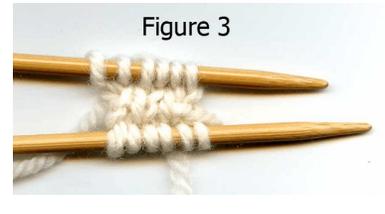
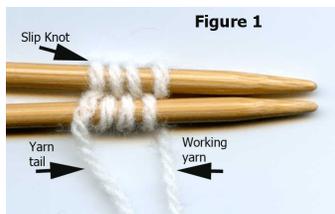
Knit in 1 x 1 ribbing for 1½".

Bind off loosely in ribbing. A good bind off for toe-up socks is Jeny's Surprisingly Stretchy Bind-off. (The top will look ruffly but will be smooth when worn.)

Weave in ends.

### Judy Becker's Cast-on on double-pointed needles

- Make a slip knot and put it on the bottom needle.
- Wrap the working yarn around the needles three times by going to the back of the top needle and then over the top and towards you (Figure 1).
- With working yarn, knit the three stitches on the top needle.
- Rotate the needles so the slip st is on the top needle.
- Remove slip knot and undo so that you can knit with the yarn tail. With both yarn tail and working yarn, knit 3 stitches on each needle. You now have 12 stitches. (Figure 2)
- Knit one round. In Figure 3, you can see the way the stitches flow over the toe.
- Next round: \*K1, kfb (knit in front and back of stitch); repeat from \* around (18 stitches).
- Optional: Use a lifted increase instead: K1, right-slanting lifted increase in next stitch.
- Knit one round.
- Next round: \*K2, kfb (knit in front and back of stitch); repeat from \* around (24 stitches).
- Optional: Place a marker after every increase.
- Repeat the last 2 rounds increasing 6 stitches each round until you have the desired number of stitches.



Jeny's Surprisingly Stretchy Bind-off

[www.youtube.com/watch?v=abBhe-JYmgI](http://www.youtube.com/watch?v=abBhe-JYmgI)