

Men's Chunky Cable Socks

by Deborah V. Gardner

Materials:

2 skeins Berroco Vintage Chunky, 50% acrylic, 40% wool, 10% nylon, 3.5 oz/100g, 130 yds/120m, color 61103
Set of 5 size 7 (4.5mm) double pointed needles or size to obtain gauge
Size 7 (4.5mm) or smaller 16" circular needle (optional)
2 stitch markers
yarn needle

Gauge: 18 sts x 25 rows = 4" x 4" (10 cm x 10 cm). *To save time, take the time to check your gauge!*

Abbreviations

K	knit
LInc	Left lifted increase
RInc	Right lifted increase
P	purl
PM	place marker
Rnd	round
Sl	slip
St(s)	Stitch(es)
w&t	on Right Side: yarn to front, sl 1, yarn to back, slip the wrapped st back to the left needle
	on Wrong Side: yarn to back, sl 1, yarn to front, slip the wrapped st back to the left needle



Pattern

Rnds 1, 2, 4, 5 and 6: P2, k6.

Rnd 3: P2, sl 3 sts to cable needle and hold in back, k3, k3 from cable needle.

Note: Place marker at the beginning of the rnd and slip marker at the beginning of each new rnd.

Directions:

Cast on 6 sts using Judy Becker's Cast-on on double-pointed needles. (Directions are given on the last page of pattern).

Repeat the last 2 rounds of this cast on until there are 36 sts on the needle; divide evenly over 4 needles.

Knit around until the length is 4¼".

1st inc rnd: K17, pm, k1, Linc, Rinc, k1, pm, k17. You have 38 sts with 4 sts between markers.

K2 rnds evenly, slipping markers.

2nd inc rnd: K to 1st marker, sl marker, k1, Linc; k to 1st st before next marker, Rinc, k1, sl marker; k to end of rnd.

Repeat last 3 rnds until 54 sts; there will be 20 sts between markers.

Knit to the first marker, remove marker, k1, pm; knit to one stitch before the second marker, place marker, k1, remove the marker. You now have 18 sts (heel) between markers. (You have moved each marker 1 st toward the center.)

Knit 4, Linc, k5. These 10 sts are “wing” sts.

Knit 18 sts across the instep. (You may choose to put these sts on a small circular needle while working the heel.)

Knit 5, Rinc, k4. These 10 sts are “wing” sts.

Place the 18 heel stitches on one needle.

Heel turn (worked on the 18 heel sts):

Row 1: K1, Rinc, K1, *sl1,k1* until 2 st from end of heel, w&t.

Row 2: P1 to 2 sts from beginning of heel, w&t.

Row 3: *K1, sl1 until 3 sts from beginning of heel, w&t.

Row 4: P1 to 3 sts from beginning of heel, w&t.

Repeat the last two rows in this manner (4 sts from beg, etc.) until you have 5 wrapped sts.

Last 2 rows of heel turn:

With rs facing, knit the k sts and slip the slipped sts to the first wrapped sts. *Pick up the wrap and knit it with the next st.* Repeat until you have 1 wrapped st remaining. Pick up the wrap and slip it and the next stitch together. Slip the last st on the needle. Knit the wrap and 2 slipped sts together (SSK). Turn.

Sl 1, p to first wrap. *Pick up the wrap and purl it with the next st.* Repeat until you have 1 wrapped st remaining. Pick up the last wrap, purl it and the last 2 sts together.

Back of heel:

Row 1 (rs): *Sl 1, k to last st on needle, ssk with first wing st. Turn.

Row 2: Sl 1, p to last st on needle, p2tog with first wing st.

Repeat these 2 rows until 2 wing sts remain on each side.

Resume knitting in the round:

Next round: Sl 1, k to last heel st on needle, ssk with next wing st, k1, k18 sts of instep, k1, k2tog, k to end of rnd; you will be at the beginning of the instep. (37 sts)

Increase rnd: Across instep, k2, Rinc, k7, Rinc, k7, Linc, k2; across heel, k6, Rinc, k7, Linc, k6. You now have 42 sts.

Set up rnd: Front of leg, k3, p2, k11, p2, k3; back of leg, k3, p2, k11, p2 k3.

Begin pattern. Arrange stitches so that the 6 sts that make up the cable are on the same needle. Mark the beginning of the row after the 2 purl sts that begin the instep.

Continuing knitting in rounds 7" or desired length.

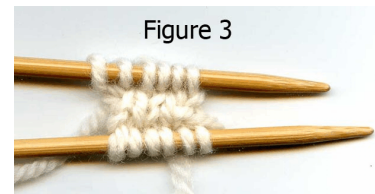
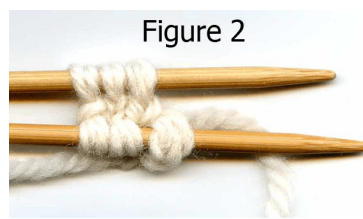
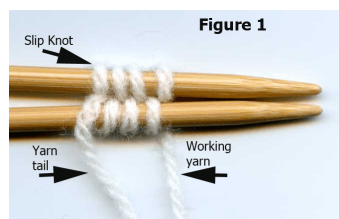
Knit in 1 x 1 ribbing for 1½".

Bind off loosely in ribbing. A good bind off for toe-up stocks is Jeny's Surprisingly Stretchy Bind-off. (The top will look ruffly but will be smooth when worn.)

Weave in ends.

Judy Becker's Cast-on on double-pointed needles

- Make a slip knot and put it on the bottom needle.
- Wrap the working yarn around the needles three times by going to the back of the top needle and then over the top and towards you (Figure 1).
- With working yarn, knit the three stitches on the top needle.
- Rotate the needles so the slip st is on the top needle.
- Remove slip knot and undo so that you can knit with the yarn tail. With both yarn tail and working yarn, knit 3 stitches on each needle. You now have 12 stitches. (Figure 2)
- Knit one round. In Figure 3, you can see the way the stitches flow over the toe.
- Next round: *K1, kfb (knit in front and back of stitch); repeat from * around (18 stitches).
- Optional: Use a lifted increase instead: K1, right-slanting lifted increase in next stitch.
- Knit one round.
- Next round: *K2, kfb (knit in front and back of stitch); repeat from * around (24 stitches).
- Optional: Place a marker after every increase.
- Repeat the last 2 rounds increasing 6 stitches each round until you have the desired number of stitches.



Jeny's Surprisingly Stretchy Bind-off

www.youtube.com/watch?v=abBhe-JYmgI