

The Grand Slam Breakfast

by Deborah V. Gardner

Denny's is one of our favorite places for breakfast. And its Grand Slam has many iterations. This is a replicate of the original.

Materials:

Bacon: Cascade 220, 100% Peruvian Wool, small amounts of worsted weight yarn, Burgundy #2401 (CC1), Camel #8622 (CC2), and Beige #8021 (CC3)

Sausage: Berroco Vintage, 52% Acrylic, 40% Wool, 8% Nylon, 3.5 oz/218 yd, #5192 Chana Dal (CC4)

Fried Egg:

Egg White: Paintbox Simply DK, 100% Acrylic, 100 g/3.5 oz, 276m/302 yd, White #100 (CC5)

Yolk: Cascade 220, Yellow #9463B (CC6)

Pancakes: Cascade 220, Kansas #2437 (CC8) and Lemon #4147 (CC9)

Butter: Cascade 220, Butter #8687 (CC10)

Plate: Berroco Vintage, 52% Acrylic, 40% Wool, 8% Nylon, 3.5 oz/218 yd, #5101 Plate (CC11)

5" dpns, US 6 (4 mm)

5" dpns, US 5 (3.75 mm)

5" dpns, US 4 (3.5 mm)

US 6 (4 mm) circular needles, 16" and 24"

US 3 (3.25 mm) straight needles

Crochet hook, US 4 or 5 (3.5 or 3.75 mm), US 3 (3.25 mm)

Yarn needle

Fabric stiffener



Gauges

Bacon: not critical

Sausage: not critical

Egg White: 20 sts = 3 with US 3 needles

Plate: 6 sts = 1" in the round; not critical

Notes:

- Many of these yarns were chosen because they were in my stash. So these are only suggestions. Substitute your own yarns/colors.

Abbreviations:

B/O Bind off

DPN Double-pointed needle

K Knit

K2tog Knit 2 sts together.

P Purl

SSK Slip the first stitch knitwise; slip the second stitch purlwise; knit in the back loops of the two stitches

St(s) Stitch(es)

W&T Bring working yarn to the front; slip the next stitch; bring working yarn to the back; slip wrapped stitch back to original needle. TURN. Pull wrap tightly.

Strips of Bacon (make at least 2)

With size 6 (4 mm) needles and CC1, cast on 40 sts.

Rows 1 – 2: K.

Rows 3 – 5: With CC2, k.

Row 6: K8, change to CC3, k to end of row.

Rows 7 – 10: K.

Bind off unevenly. Bind off some sts tightly. K2tog a couple of times across the row.

Sausage (make at least 2)

With CC4 and using Emily Ocher's circular cast-on, cast on 6 sts.

Continue using Size 5 dpns.

Rnd 1: K.

Rnd 2: (Inc, k1) rep around. (12 sts)

Continuing knitting until piece measures approximately 2½".

Next rnd: K2 tog around. (6 sts)

Next rnd: K.

Cut yarn leaving a 6" tail. Weave tail through live sts, tighten.

Weave in end.



Fried Eggs

Egg White

Notes:

- When the right side faces (at the end of a purl row), use a knit cable cast on; when the wrong side faces, use a purl cable cast on.
- Stitch counts do not have to be exact. The idea is to have an uneven shape.

With CC5 and size 3 needles, cast on 9 sts.

Row 1: P9, cast on 3 sts (12 sts)

Row 2: K12, cast on 2 sts. (14 sts)

Row 3: P14, cast on 5 sts. (19 sts)

Row 4: K19, cast on 2 sts. (21 sts)

Row 5: P21, cast on 3 sts. (24 sts)

Row 6: K24.

Row 7: P24, cast on 1 sts. (25 sts)

Row 8: K25, cast on 1 sts. (26 sts)

Row 9: P26, cast on 1 sts. (27 sts)

Row 10: K27.

Row 11: P27, cast on 2 sts. (29 sts)

Row 12: K29.

Row 13: P29, cast on 2 sts. (31 sts)

Row 14: K31, cast on 2 sts. (33 sts)

Row 15: P33, cast on 2 sts. (35 sts)

Row 16: K35, cast on 2 sts. (37 sts)

Row 17: P37, cast on 1 sts. (38 sts)

Row 18: K38.

Row 19: P38.

Row 20: K37, cast on 2 sts. (39 sts)

Row 21: P39, cast on 1 sts. (40 sts)

Row 22: K40.

Row 23: P40.

Row 24: K38, k2 tog. (39 sts)

Row 25: P39.

Row s 26 – 29: Continue in st.

Row 30: K37, k2tog. (38 sts)

Row 31: P38.

Row 32: K.

Row 33: P.

Row 34: K35, k2tog. (36 sts)

Row 35: P36.

Row 36: K34, k2tog. (35 sts)

Row 37: P2tog, k33. (34 sts)

Row 38: K34.

Row 39: P2tog, p32. (33 sts)

Row 40: K31, k2tog. (32 sts)

Row 41: P2tog, p3. (31 sts)

Row 42: SSK, k27, k2tog. (29 sts)

Row 43: P2tog, p27. (28 sts)

Row 44: K26, k2 tog. (26 sts)

Row 45: P2tog, p22, p2tog. (24 sts)

Row 46: SSK, k20, k2tog. (22 sts)
Row 47: P2tog, p20. (21 sts)
Row 48: K19, k2tog. (20 sts)
Row 49: B/O 2 sts, p16, p2tog. (17 sts)
Row 50: B/O 2 sts, k13, k2tog. (14 sts)
Row 51: B/O 3 sts, p9, p2tog. (10 sts)
B/O row: SSK, B/O (using the decrease just made to
last 2 sts, k2tog, B/O.

Aggressively block. Spray with hair spray to force edges not to curl.

Yolk (make 2)

With CC5 and Size 3 crochet hook, use Emily Ocher's cast on to cast on 8 sts.

Rnd 1: K.

Rnd 2: (Inc, k1) 8 times. (16 sts)

Rnd 3: K.

Rnd 3: (Inc, k2) 8 times. (24 sts)

Rnd 4: K.

Rnd 5: (Inc, k3) 8 times (32 sts)

Rnd 6: K.

B/O; cut yarn leaving a 12" tail.

Sew to egg white using the image as a guide.

Weave in all ends.

Pancakes (make 2)

Hint: When changing color, start new color on a needle than the last one used. This will make weaving in the end neater.

Directions (make 2):

With CC* and US 5 crochet hook, cast on 8 sts using Emily Ocher's Circular Cast-on.

Distribute over 4 US Size 6 needles.

Odd rnds: K.

Rnd 2: Inc, k1 (16 sts).

Rnd 4: Inc, k2 (24 sts).

Rnd 6: Inc, k3 (32 sts).

Continue increasing 8 sts every other rnd until 22 sts on each needle (88 sts total). End with a k rnd.

Cut yarn

Change to CC1.

Rnd 21: K.

Rnd 22: Lift the MC from the row below and place on left hand needle. K that st and the first st of the rnd together (jogless jog); k to end of rnd.

Rnd 23: K.

Rnd 24: With MC, *ssk, k9* around.

Rnd 25: Lift the CC from the row below and place on left hand needle. K that st and the first st of the rnd together (jogless jog); k to end of rnd.

Rnd 26: *SSK, k8* around.

Rnd 28: *SSK, k7* around.

Weave in ends.

Continue decreasing 8 sts every other rnd until 16 sts remain.
Last rnd: K2 tog 8 times.

Cut yarn leaving a 6" tail. Weave yarn through remaining sts; pull tight. Bring yarn to top center of the pancake and return to the back. Weave in the end.

Butter

With CC10 and size 3 crochet hook, cast on 8 sts using Emily Ocher's cast on.

With size 4 needles:

Rnd 1: K.

Rnd 2: Inc, k1, around. (16 sts)

Rnd 3: K.

Rnd 4: Inc, k2, around. (24 sts)

Rnds 5 – 7: K.

W&T, bind off in k.

Cut yarn, weave in ends.

Plate

Hint: Use 5" dpns through Rnd 2.

With CC11 and US 5 crochet hook, ast on 8 sts using Emily Ocher's Circular Cast-on.

Odd rnds: K.

Rnd 2: Inc, k1 (16 sts).

Rnd 4: Inc, k2 (24 sts).

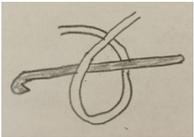
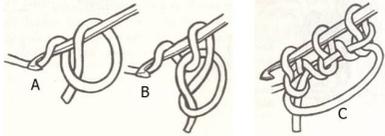
Rnd 6: Inc, k3 (32 sts).

Continue increasing 8 sts every other rnd until 128 sts or 10". End with a k rnd.

Bind off: Using a cable cast on, cast on 2 sts; *k1, ssk, slip both sts back to left needle purlwise, repeat from * to end.
(This is an applied i-cord.

Stiffen. Use a 10" plate with a slight rise as a mold. Place the knitted plate with stiffening on the mold. Let dry thoroughly.

Emily Ocher's Circular Cast-on.

1. Make a ring. Do not pull it tight; keep it loose. Grasp the loop where the strands meet with your left thumb and index finger. You can make the loop with the tail going up. You will then have to weave in the tail. 
2. Insert the hook into the loop from front to back. Grab the yarn with the hook (yo) and bring through the loop. You now have one loop on the hook.
3. Insert the hook into the loop again; you will be going under the yarn tail as well. Hook the yarn (yo) and bring through the loop. Hook the yarn again and bring through the loop on the hook as if you were making a chain. You now have two loops on the hook. Repeat this step until you have the required number of loops. 
4. Carefully replace the hook with your needles and begin knitting in the round. After you have finished a few rounds, pull the tail to close up the circle and weave in. You now have a nice, tight circle with no hole in the middle.